



July/August 2021 Monthly Class Management



Week #	Date	Monday/Tuesday	Thursday/Friday	Curriculum	Special Events
1	June 28 th To July 3 rd	PD-Basic Warm-up 1	PD-Combinations Warm-up 1	P	3 rd - Closed (holiday)
2	July 5 th -10 th	DST-1,2,3,4 Warm-up 2	DST- 1,2,3,4 Warm-up 2	O/SD	5 th -closed (holiday)
3	July 12 th -17 th	PD- Counter Attack Warm-up 3	PD- Sparring Warm-up 3	O/SD/T	
4	July 19 th -24 th	PD-Basic Warm-up 1	PD-Combinations Warm-up 1	P/T	19 th -22 nd - Camp (9am-12noon) 24 th - Team M-21 M. Test 10am
5	July 26 th -31 st	Testing Preparation	Testing Special Classes	T	29 th - Belt Testing 31 st - Team M-21 4-hour class 3pm-7pm
6	August 2 nd -7 th	PD-Basic Warm-up 1	PD-Combinations Warm-up 1	P	7 th - Birthday Party
7	August 9 th -14 th	DST- Sparring-Basics Warm-up 2	DST-Basics Warm-up 2	O/SD	9 th -12 th - Camp (9am-12noon) 14 th -Birthday Party
8	August 16 th -21 st	PD-Counterattack Warm-up 3	PD-Sparring Warm-up 3	O/SD/T	19 th -21 st - Closed 17 th Back to school
9	August 23 rd -28 th	Testing Preparation	Testing Special Classes	T	26 th - Belt Testing

Notes: