

March/April 2021 Monthly Class Management



Week #	Date	Monday/Tuesday	Thursday/Friday	Curriculum	Special Events
1	1 st -6 th	PD-Basic	PD-Combinations	Р	6 th Black Belt Testing
					L-21
2	8 th -13 th	Warm-up 1	Warm-up 1	O/SD	
2	813	DST-1,2,3,4	DST- 1,2,3,4	0/50	
		Warm-up 2	Warm-up 2		
3	15 th -20 th	PD- Counter Attack	PD- Sparring	O/SD/T	20 th -ATU online (8-9,
					12-14)
	a and a th	Warm-up 3	Warm-up 3		
4	22 nd -27 th	Testing Preparation	TESTING	Т	25 th -Belt Testing
					27 th - Inner School
					Tournament
			Special Classes		
	-1				
5	Mar. 29 th -	PD-Basic	PD-Combinations	Р	
	April 3 rd				
		Warm-up 1	Warm-up 1		
6	5 th -10 th	DST- Speed	DST-4 Drill	O/SD	Spring Break Week
		Warm-up 2	Warm-up 2		
7	12 th -17 th	PD-Counterattack	PD-Sparring	O/SD/T	
		Warm-up 3	Warm-up 3		
8	19 th -24th	PD-Basic	PD-Combinations	P/T	24 th -ATU online (10-
0	15 2101			.,.	11, 15-17)
		Warm-up 1	Warm-up 1		
9	26 th -May 1 st	Testing Preparation	Testing	Т	29 th -Belt Testing
			Special Classes		

Notes:

- 1. Tournament preparation for Inner School event on 3/27
- 2. 2021 Leadership Team try-outs begin
- 3. Status of State Championships with USAT
- 4. Prepare packets for Black Belt Team M-21