



September/October 2021 Monthly Class Management



Keep your Promise and your Promise will Protect you

Week #	Date	Monday/Tuesday	Thursday/Friday	Curriculum	Special Events
1	August 30 th - September 4 th	PD-Basic Warm-up 1	PD-Basic Warm-up 1	P	4 th - Black Belt Testing L-21 @11am M-21 @1pm
2	September 6 th -11 th	PD-Combi Warm-up 1	PD-Combi Warm-up 1	O/SD	6 th Closed (holiday) 7 th - New Class Schedule begins
3	September 13 th -18 th	DST- 1,2,3,4 Warm-up 2	DST- 1,2,3,4 Warm-up 2	O/SD/T	18 th - Bring A Friend Day (Back to School)
4	September 20 th – 25 th	PD-Counterattack Warm-up 3	PD-Sparring Warm-up 3	P/T	25 th - Birthday Party
5	September 27 th - October 2 nd	Testing Preparation	Special Classes	T	30 th -Belt Testing Oct. 2 nd - Team N-22 Black Belt Prep begins at 9:50am
6	October 4 th -9 th	PD-Basic Warm-up 1	PD-Combinations Warm-up 1	P	7 th - JKK/MBK 21 yr. Anniversary 9 th – CLOSED ATU 10 th -ATU
7	October 11 th -16 th	DST- Speed Warm-up 2	DST-Speed Warm-up 2	O/SD	
8	October 18 th -23 rd	PD-Counterattack Warm-up 3	PD-Sparring Warm-up 3	O/SD/T	23 rd - Birthday Party
9	October 25 th -30 th	Testing Preparation	Special Classes	T	28 th - Belt Testing

- **BACK TO SCHOOL!** Remember that as everyone is going back to school, they are getting ready for new routines, new schedules, etc. Emotions will be running high. Take care to take time and help students and parents adjust.
- September- Preparation for ATU Nationals. This is our focus for the month, prepare our team members for this event. They should train and compete with PRIDE!
- Black Belt Team N-22 will have September and October cut- off dates. Start to prepare these students for the exciting challenges ahead.